



## Cal J. Domingue, MFT

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<http://www.caltherapy.org>

### Licensure

MFT license MFC39338, December 2002

### Clinical Experience

#### **Private Practice**

**7/2003 – Present**

**Licensed MFT:** Provide individual, couples, and family therapy to adults and children. Specialize in working with gifted and talented; couples; and children. With couples, often focus on issues of intimacy (emotional and physical); conflict; communication; and infertility. With children, specialize in working with gifted children; also cross-cultural issues; behavioral issues; loss; blended families; anger; school performance; and problems with peers. Also design & facilitate seminars on parenting.

**Clients:** Adults, families, and children from various ethnic and socio-economic backgrounds.

#### **Head Start**

**8/2001 – 8/2003**

**Classroom Therapist:** Provided individual play therapy in classroom setting. Made CPS reports as required; provided training to staff on CPS reporting and classroom-based play therapy.

**Clients:** Pre-school students exhibiting problematic behavior, or emotional problems.

#### **Xanthos, Inc**

**8/2001 – 7/2003**

**Trainer:** Provided trainings for interns and staff; facilitated monthly support group for psychology interns. Trainings included HIV/Aids, Working with Young Clients; Working with Couples; Self-Care; Class Considerations in Therapeutic Work.

**Audience:** Licensed psychologists, LCSWs, MFTs, pre-licensed interns; and others.

**Prevention Specialist:** Conducted groups in middle schools, focused on prevention of drug/alcohol use, violence, and STDs; developed & implemented group curricula; developed & facilitated youth anger management program. Also facilitated group for psychology interns at the site.

**Clients:** Middle school & high school urban youth; African-American, Pacific Islander, Caucasian, Latino, Lesbian/Gay; substance abuse and court mandates.

**MFT Intern:** Conducted intakes, screenings, and assessments, including DSM-IV; crisis intervention; group, family, and individual (brief and long-term) therapy; reported and coordinated with CPS, court officials, and school officials; member of multi-ethnic, multi-disciplinary team; performed MediCal and Victims of Crime billing.

**Clients:** Individuals (youth and adult), couples, families; African-American, Pacific Islander, Caucasian, Latino, Lesbian/Gay, HIV-positive; substance abuse.

#### **Center for Special Problems, San Francisco Mental Health Services 9/1999 - 7/2000**

**MFT Intern:** Provided group, individual, and couple therapy; conducted intakes and screenings; reported and coordinated with court officials; developed and implemented treatment plans to ensure stabilization, housing, and support; case manager; liaison and client advocate to other agencies;

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**Clients:** Individual adults and couples; African-American, Pacific Islander, Caucasian, Latino, HIV-positive, transgender; domestic violence perpetrators; court-mandated; substance abuse; acute and chronic mental illness, including schizophrenia, mood disorders, substance abuse, dual diagnosis, personality disorders, severe trauma.

### **UCSF AIDS Health Project**

**6/1998 - 7/1999**

**MFT Trainee:** Conducted intakes, screening, assessments, treatment plans; individual and group psychotherapy; coordinated care and client services with other agencies.

**Clients:** Individual HIV-positive adults; African-American, Latino, Caucasian, Pacific Islander, gay.

### **Administrative & Supervisory Experience**

#### **Gaylestia, Inc**

**12/2006 – 5/2007**

**President:** In this position, held responsibility for all activities and projects for this non-profit, including project management for the development and implementation of the organization's website development. Included needs analysis, development and documentation of detailed specifications; researching, interviewing, and hiring vendors; supervision of project team; acting as liaison to vendors; development and implementation of project test plan. Position responsibilities also included setting organizational direction, heading the Board of Directors, overseeing and directing 9 distinct committees and 30 volunteers, and recruiting new organizational leaders.

#### **California Pacific Medical Center, Community Health Dept.      8/2002 – 7/2006**

**Project Coordinator:** Administered the school-based portion of the Psychologist Intern Training Program for CPMC, Department of Psychiatry. Administrative functions included clinical supervision of interns in doctoral psychology programs; developing a training curriculum for these interns; providing trainings; determining appropriate play therapy equipment; working as part of a multi-disciplinary project team, establishing program goals and priorities along with tools to evaluate program performance; building strategic partnerships and coordinating with other departments and agencies; needs analysis of target communities; budget development and management; management reports; and coordinating services between departments at CPMC.

### **Education**

M.A. in Social / Clinical Psychology, New College of California, 1999

B.S. in Mathematics, University of Southwestern Louisiana, 1980, Magna Cum Laude

B.A. in Vocal Performance, University of Southwestern Louisiana, 1980, Magna Cum Laude

CAMFT Certified Supervisor Training, parts 1 & 3

EMDR Certification

DBT Training

Ongoing CEUS in areas of specialization

### **Publications**

"Let's Talk" – column on parent-child communication, distributed in San Francisco public schools

### **Professional Organizations**

CAMFT: California Association of Marriage and Family Therapists

MENSA

Gaylestia

## **Cal J. Domingue, MFT**

### **Additional Professional Experience**

Co-facilitator, peer case consultation group, 4 years

Developed and presented trainings (including Diversity, HIV/AIDS, Transgender Clients, Working with Lesbian/Gay Youth, Brief Therapy, Self-Care)

Volunteer co-facilitator, support group for HIV-positive individuals, UCSF/AIDS Health Project

### **Additional Skills**

Fluent in French

Rudimentary Spanish

Developed and taught meditation classes, 5 years

Formal meditation practice, 18 years

### **Honors**

Elected to "Who's Who Among American College and University Students"

Member, Phi Kappa Phi, National Honor Society

Member & University Delegate, National Collegiate Honors Council

Member, Blue Key National Honor & Service Organization

Member, Pi Mu Epsilon, National Mathematics Honor Society

Member, Pi Delta Phi, National French Honor Society

Member, Pi Kappa Lambda, National Music Honor Society

Finalist, National Merit Scholarship Program

Participant, National Science Foundation Program for Exceptional Secondary School Students

Graduate, LA Governor's Program for Gifted Children

References available on request